

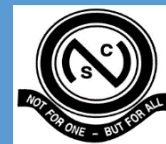


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Not for one—but for all  
**NUMURKAH**

# SECONDARY COLLEGE

23<sup>th</sup> June 2022  
Issue 092022 - June



## In this issue:

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☞ Yr.10 Careers  
☞ Careers  
☞ VCE Psychology

☞ Billionaire Students  
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## Principal's Report

Dear NSC Families,

Term 2 and Semester 1 have flown by, and our students have certainly responded positively to being back at school without the impact of lockdowns. We have been incredibly fortunate at Numurkah to be able to be open for all classes without the need to close due to staff shortages.

**Reports are available on Compass.** Instructions are on compass to assist parents to access these.

**Our curriculum** this year has moved towards a Semester program for Year 8 to 10 with our students completing Subjects in a semester and moving into different classes in Semester 2. This has meant a great deal of work in developing subjects to fit this model, completing subject selections and timetabling to provide as much student choice as possible. The feedback from students has been very positive and we will continue to develop this work and respond to the needs of our students.

**The Senior VCE** program has already moved across to its Semester 2 studies with Unit 1 and 3 studies completed and students commencing their Unit 2 and 4 studies. The holidays will undoubtedly involve homework and study for Year 11 and 12 students. I encourage you to make the most of break, enjoying some rest and relaxation, but remember to focus on completing work to be well prepared for the start of the term.

**A Recognition of service** on Sunday June 19<sup>th</sup>, Peter Kam was recognised for 40 years of service to teaching. The celebration was in Melbourne. Congratulations to Peter, NSC have been blessed to have you supporting our students for many of these years.

**Careers and future pathways** have been a big focus towards the end of the term and this will continue into next term. The process of selected future pathways can be very daunting but there is some wonderful support in place for our students. Next term there will also be the opportunity for families to access some support and guidance with this. The Industry Training Hub will be running a session for all families on Tuesday July 17<sup>th</sup> from 6 until 8pm. To gain insights into career pathways and planning for our young people this is highly recommended for parents from all year levels. Further information will be provided close to the day. We will also have the TAFE mobile campus onsite from July 18<sup>th</sup> for our students and community members to visit and participate in training opportunities.

**Creating a safe environment of our students is a priority at our school.** All staff have recently completed an update on their training in this area and School council members have undergone training as well. A copy of our updated policy will be presented at the next school council meeting and then made available to our school community on the school website.



Numurkah Secondary College acknowledges the Bangerang and Yorta Yorta people, Traditional Custodians of the land which our great school is built on. We pay our respects to their Elders, past, present and emerging.

Map courtesy of the website:  
[https://www.deadlystory.com/page/aboriginal-country-map/Aboriginal\\_Country\\_Completed/Bangerang/Bangerang\\_People](https://www.deadlystory.com/page/aboriginal-country-map/Aboriginal_Country_Completed/Bangerang/Bangerang_People)

## DATES TO REMEMBER

### June 2022:

24<sup>th</sup> June: End of Term 2

24<sup>th</sup> June: Reports available on Compass

### July 2022:

11<sup>th</sup> July: Day 1 of Term 3 Pupil Free Day-Staff Training

12<sup>th</sup> July: Students first day of Term 3

19<sup>th</sup> July: Careers Parent Engagement Evening

19<sup>th</sup> July: School Council Meeting

## SCHOOL COUNCIL

### COMMITTEE MEMBERS

Kathleen Newby (President), Kelly Bloomfield (Vice President),

Cate Eddy (Executive Officer), Deanne Dewar, Chris Barnard, Louise Moss, Peter Smyth, Peta Russo, Angela Joy, Rachel Bonham

Next meeting: 19<sup>th</sup> July, 6:00pm

11th July is a

## Pupil Free Day

Students are not required at school

**The NSC Debutante Ball** will be held on Friday July 1<sup>st</sup> at the Numurkah Town Hall. The parent committee and students have been preparing for this event over Term 2 and are looking forward to a night of glamour and dancing. Well done to the hard-working group of parents who have put this together and I am sure it will be wonderful evening for all involved.

**Our Wellbeing program** this semester has focused largely on the Resilience Project. This has been introduced across Australia in many schools, sporting bodies and businesses. Through the simple practices of gratitude, empathy and mindfulness this is a program which is being credited for bringing significant improvements to individual wellbeing. Over the break, I would like to encourage families to bring some of these practices into your home and support the work we are doing at school. Student diaries also have a number of suggestions and activities in them.

This link will provide you with resources which can be used at home and in your family.

<https://theresilienceproject.com.au/at-home/>

**Please note that Monday July 11<sup>th</sup> is a pupil free day. Staff will be involved in professional development work for this day.**

I wish all our school community the best for the holidays and hope you are able to enjoy some rest and quality time with family and friends.

Cate Eddy  
NSC Principal



facebook



Follow the Numurkah Secondary College Facebook page for photos of our students attending excursions, updates, and fun activities at NSC.

## Recognition of Service

Congratulations of this fine achievement,

**Peter Kam**

Next term we will have a more extensive feature on Peter's 40 Years of service.



# REAP to Read



Daniel Grinter well done on your home reading and winning a canteen voucher.

Summer Gerity on winning the home reading competition! Enjoy your canteen voucher.

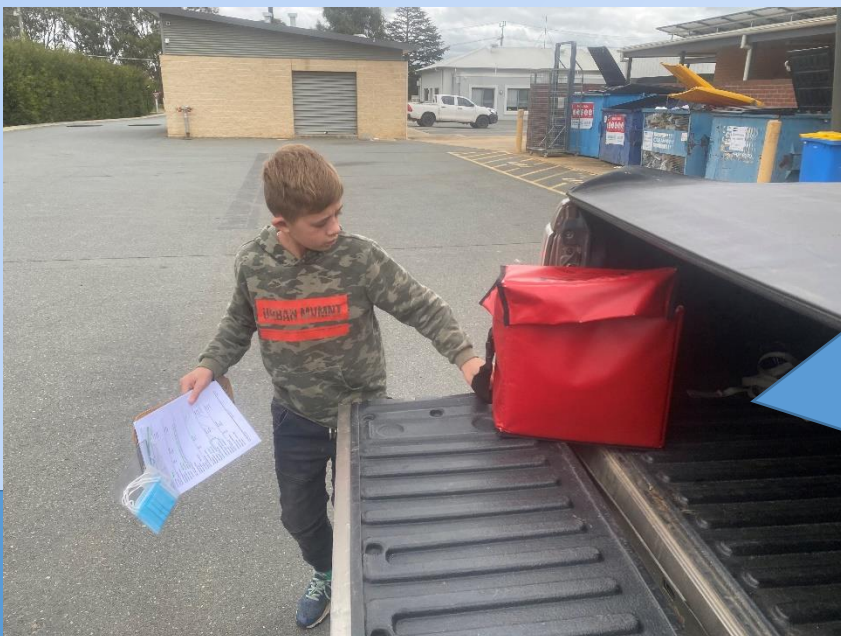


Koby Gilmour has done an amazing job this week with home reading; winning a canteen voucher.



Ocean Frost one of this week's winners for most home reading...Canteen voucher of cause

## Meals on Wheels



Declan Crisp unpacks the food packs at the hospital after another successful Meals On Wheels excursion. Our students' dedication to volunteering in the community is appreciated

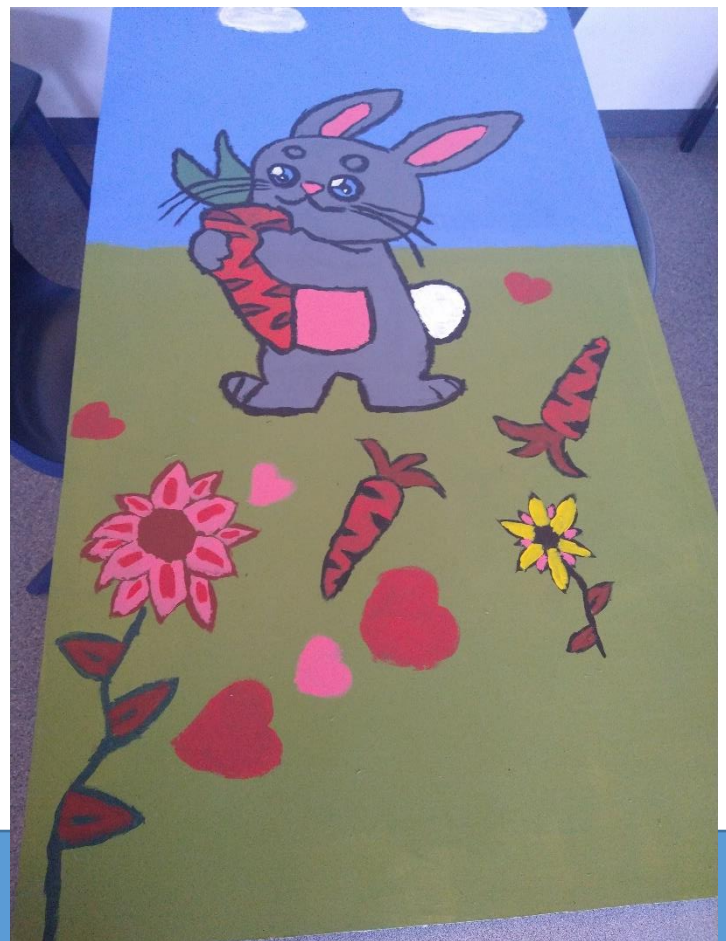
# Focus Session – Mental Fitness

During the Focus session on Friday 17/6 Year 8 students participated in a Mental Fitness Zoom presentation through the Black Dog Institute. Students met Joseph, a professional Squash athlete at the Australian Institute of Sport. He spoke about using strength, flexibility and endurance to build and support our mental fitness. Students practised some mindfulness techniques and expressed gratitude for things in their life they were thankful to have.



# From the Garden

The garden group this semester has been working on filling the last of our garden beds, planting and harvesting crops as well as cooking with this produce. They have made a range of delicious dishes from gnocchi to soup and salads. Some of the crops planted have been experimental out of season growing, some of which have worked and others not. Whilst our carrot seeds grew, they have been planted way too close. A learning experience. We currently have broad beans flowering, snow peas for eating and in clearing out a bed so these could have more room to grow students were able to take some gorgeous beetroot and Asian greens home and engaged with staff to ensure none were wasted. To start the process of weed reduction for our open garden bed students were able to access and spread out sawdust over a section of this, future groups will add to and work using newspaper mulch and others to complete this. Students have also chosen to work as a team to clear up one section of the space in order for trailers to be better stored and to make the garden access nicer, but other groups have cleared their areas of the school into this space so whilst we are still trying to sort this out it is a work in progress. A bit of our time has been focused on contributions to the glasshouse window replacements which has been an ongoing project now for a couple of student groups. After planting her carrots Roseannah chose her bunny and carrot themed board whilst Kyron is working on completing a fig tree memorial as ours have been cut out as they were getting too big to manage for fruit fly. We have worked on ideas to replace the shade loss this has created and have started by planting two ornamental grapevines with the aim that they will give us some respite from the heat over summer but allow the sun in over winter, plus give us some lovely leaf mulch. Anyway as always lots happening.



# Regional Cross Country

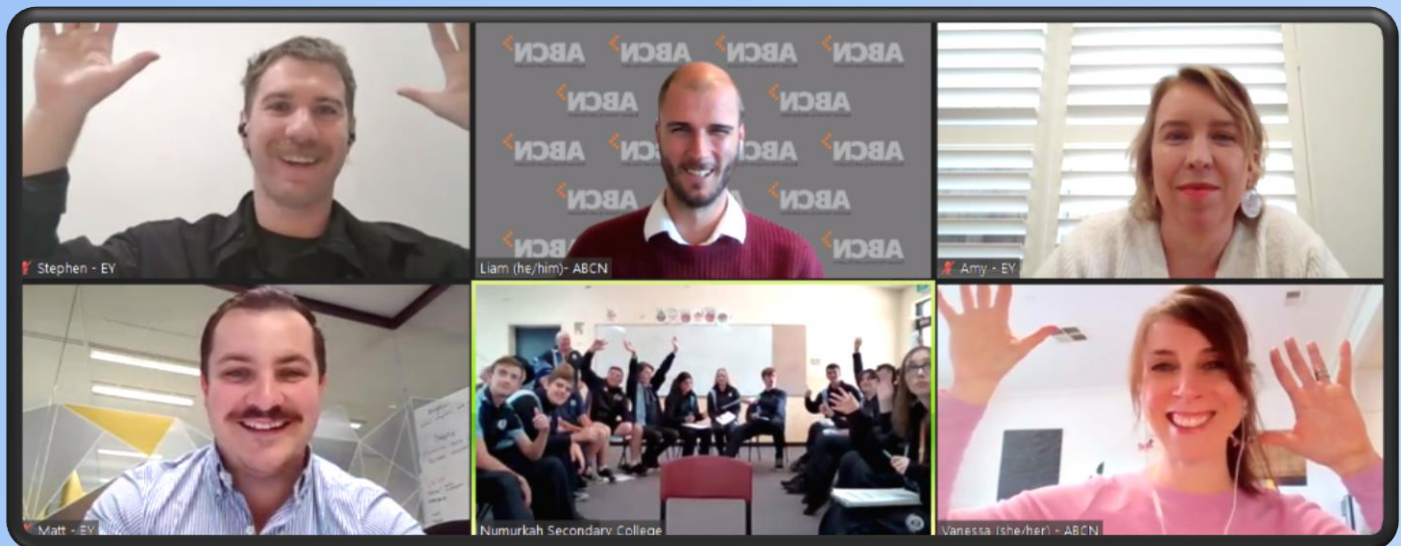


On Friday the 17<sup>th</sup> June four of our students travelled to Benalla with Pete Smyth for the Regional Cross Country. The kids did a wonderful job, displaying great sports personship, and encouraged each other all they way.

Thanks Alex Bodsworth for the photos – it is always great to have parent support on these days



# Yr 10 Careers



## Year 10 Careers – delving into the world of work and the interview process

Over the last two weeks, students in year 10 have engaged in some terrific online career webinars offered by the Australian Business and Community Network. With the goal of broadening students' career aspirations and building their interview skills, students worked with different organisations across marketing (Unilever), telecommunications (Telstra and Optus), construction (Lendlease) and consulting (Ernst and Young) to grow and finesse their abilities and self-confidence.



The feedback from both sessions was fantastic. Students left the webinars more open to career change, curious about different career avenues and enthused by their career potential.

Students were assessed before they did the careers training and after. Some result highlights showed a:

- 46% improvement in understanding how to prepare for a job interview
- 57% improvement in how to talk about their strengths and experiences in an interview
- 37% improvement in feeling prepared for the world of work
- 18% improvement in students' intention to complete year 12.

# Careers

## VCE IS CHANGING FROM 2023

**Victoria's senior secondary education is changing.** From 2023, the new VCE Vocational Major will replace Intermediate and Senior VCAL.

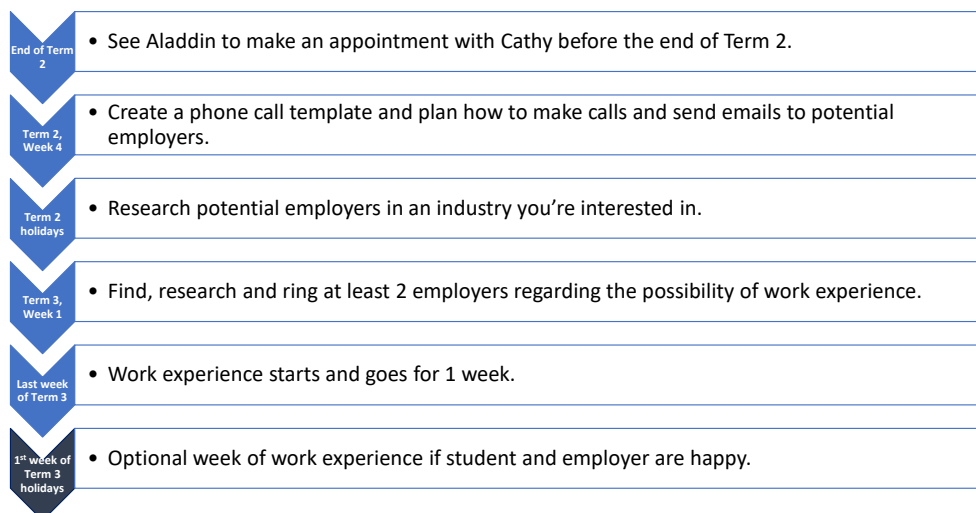
This means the VCE will recognise different students equally. The new Victorian Pathways Certificate (VPC) will replace Foundation VCAL. Students will have more education choices, a higher-quality curriculum and better workplace experiences - preparing them for further study, training at TAFE or work. From 2023, more students will study the VCE. That is because the VCE will include the Vocational Major, a 2-year program that sits within the VCE.

There will also be the Victorian Pathways Certificate for those who need flexibility in their learning. A new information and awareness campaign, Many Talents, One VCE will roll out explaining the changes. The changes are a result of the Review into Vocational and Applied Learning Pathways in Senior Secondary Schooling (the Firth review). The review found we needed to improve vocational learning in schools.

Schools currently offering VCAL will switch to the VCE Vocational Major from 2023. Some schools that do not offer VCAL will expand their options to include the VCE Vocational Major. Teachers and careers counsellors are available to answer questions and to support students as they make decisions about their final years at school. Now students will have greater access to high-quality, relevant vocational education and applied learning opportunities. For more information, go to: [vic.gov.au/oneVCE](https://www.vic.gov.au/oneVCE)

<https://www.vic.gov.au/many-talents-one-vce>

## Year 10 Work Experience Timeline



Find opportunities on the **SWL Portal**

<https://workplacements.education.vic.gov.au/>

## **PARENT ENGAGEMENT SESSION 19<sup>TH</sup> JULY 6.00 – 8.00PM EVERYONE WELCOME**

***"WHERE THE LOCAL JOBS ARE, WHAT SKILLS ARE NEEDED AND WHAT PATHWAYS LOOK LIKE FOR YOUNG PEOPLE"***

## YEAR 12 - Focus on Open Days

If you are considering studying at TAFE or university when you finish school, it is crucial that you attend Open Days. Throughout the year, vocational and tertiary institutions open their doors to the public and showcase their courses, accommodation, scholarships, pathway courses, student services and their 'point of difference'.

By attending an Open Day you will be able to get a feel of the culture of the campus, learn about courses and career options, go on campus and accommodation tours and speak to current students about their experiences.

Don't just pick a course at an institution without visiting the campus – you potentially will be spending several years studying there and spending hard earned money on your course and accommodation. It's worth making the effort to make sure it is what you want.

### La Trobe University

Applications for the La Trobe University Aspire Early Admission Program are now open and will close in September [www.latrobe.edu.au/study/aspire](http://www.latrobe.edu.au/study/aspire)

### University of New England

Applications are now open and close in September. Selection is based on a recommendation from your school. <https://careernews.click/uneearlyentry>

### Swinburne University

Applications open for the Early Entry Program this month and close in October <https://careernews.click/swinburneearlyentry>

### RMIT University

Applications open for the Early Offer program this month and close in September <https://careernews.click/rmitearlyoffer>

### ADF Gap Year Program

Applications are now open: Current Year 12 students can apply for a 12-month position in the Air Force, Army or Navy, to begin in 2023. To view the amazing roles on offer and start your application visit <https://careernews.click/gapyear>

### Australian Defence Force

Applications are open for the Gap Year program. There are many exciting roles on offer, <https://careernews.click/adfgap>

### Ag Career Start

This is gap year program on a farm. You will live in a regional location, earn a nationally recognised qualification, and build life-long industry connections. Applications will be open between 12 July – 18 October 2022 <https://agcareerstart.com.au/>

## Richmond Institute of Sports Leadership

Richmond Institute has campuses at Melbourne, Albury-Wodonga and Mildura and offers courses in sports development, allied health assistance and community services. The Institute is running information sessions for their Dual Diploma of Sports Development and Leadership and Management program during June:

27 Richmond Football Club

28 Richmond Football Club

28 All campuses (online)

Register : <https://tinyurl.com/y3z54f27>

Numurkah Secondary College Careers website aims to provide you with all the latest information that will help your child decide about their future career. Check it out [www.numurkahcareers.com](http://www.numurkahcareers.com)

If you need advice drop in and see Cathy (Tuesday – Friday) located in the Library or send an email, text message or phone.

Cathy O'Sullivan

E: [cathy.osullivan@education.vic.gov.au](mailto:cathy.osullivan@education.vic.gov.au)

M: 0476 496 352

### GOTAFE Mobile Campus schedule at NSC Staff carpark (gymnasium)

|                      | JULY<br>Monday 18 <sup>th</sup> | JULY<br>Tuesday 19 <sup>th</sup><br>Juy                                        | JULY<br>Wednesday<br>20 <sup>th</sup> | July<br>Thursday<br>21 <sup>st</sup> |
|----------------------|---------------------------------|--------------------------------------------------------------------------------|---------------------------------------|--------------------------------------|
| <b>P1</b><br>9.15am  |                                 | BOOKED                                                                         |                                       |                                      |
| <b>P2</b><br>10.12am | GOTAFE<br>RSA Community         | We're looking at<br>opening late 11am<br>but happy to open<br>early if needed? | GOTAFE<br>Resume Writing              | GOTAFE<br>Key Selection<br>criteria  |
| <b>P3</b><br>11.39am | RSA Community                   | AVAILABLE                                                                      | AVAILABLE                             | AVAILABLE                            |
| <b>P4</b><br>12.36pm | RSA Community                   | AVAILABLE                                                                      | AVAILABLE                             | AVAILABLE                            |
| <b>P5</b><br>2.20pm  | RSA Community                   | AVAILABLE                                                                      | AVAILABLE                             | AVAILABLE                            |

# VCE Psychology

## VCE Psychology students visit a sleep laboratory!

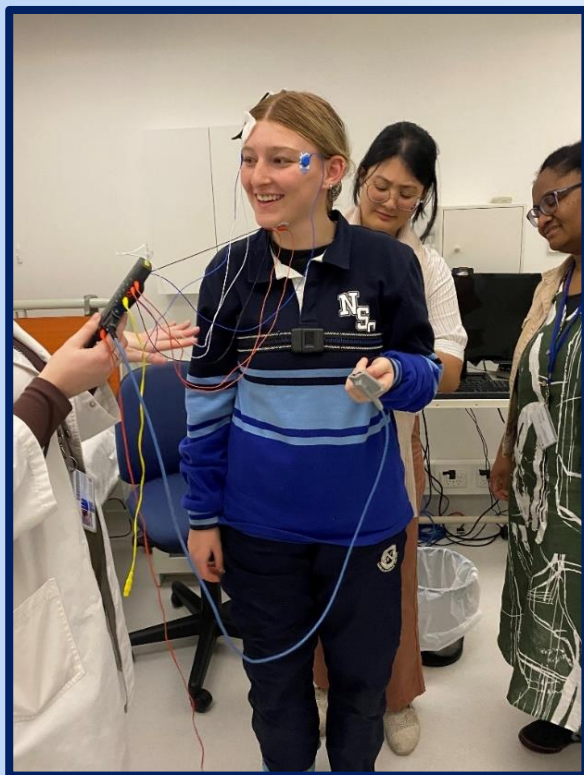
Two weeks ago, one Year 11 and two Year 12 Psychology students took the long drive down to Monash University to visit their Sleep Lab where students were granted an incredible learning experience.

In the first hour, students listened to a lecture delivered by three highly passionate sleep researchers with PhDs. We got to try on different sleep headgear (some highlights are pictured below).

The second hour involved Molly Gerada, our own Year 12 student, getting wired up with different devices (pictured below) to measure her brainwaves, eye muscles and leg movements while she slept.

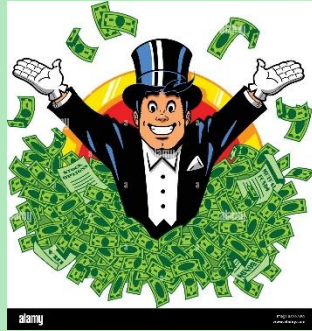
Molly was plunged into a dark room and was asked to sleep – a task she did not find hard! In about six minutes Molly was fast asleep. Meanwhile, outside the rest of us watched her brain waves on the computer screen as she moved through the different phases of sleep.

Despite the long day of travel, students gained an incredible amount of knowledge and passion from the researchers at Monash's sleep laboratory. For the Year 12s, this exposure has set them up extremely well for their current unit on sleep. Thankfully, Molly has not fallen asleep in class once!



# Billionaire Students

The 'How to be a Billionaire' students made boxes for their Gap-in-the-market products this week



# COMMUNITY INFORMATION

## Come help us at NCN Health Seeking Secondary Students at Nathalia, Cobram, or Numurkah\*

When: Term 3 - Monday or Wednesday from 4pm to 5pm for 10 weeks.  
at: Banawah Nathalia, Irvin House Cobram, or Lodge / Karinya at Numurkah.



- Play Board or Card Games  
e.g. Uno, Scrabble, etc with residents.
- 1 on 1 chats
- Colouring Activities
- Reading
- and more

\*Orientation and Training provided.  
\*Note currently masks are required when volunteering in Aged Care facilities.

### What are the benefits of volunteering?

- Learn new skills
- See what staff do, possible career options
- Give back to my local community
- Help others

We match  
volunteers to  
activities they enjoy



**ENQUIRE TODAY**  
phone: 5862 0598  
email: volunteers@ncnhealth.org.au

## Numurkah Library goulburn valley libraries Holiday Program

### Marvelous Makers Craft Activities



**Cup & Ball Game**  
Wednesday 29 June, 2:30pm

**NAIDOC Week**  
**Rock Painting with Julie**  
Thursday 5 July, 11:00am



#TakeHome craft packs are available  
during opening hours all holidays

Bookings are essential as places are limited.

Phone 1300 374 765 #2 #4 or email numurkah@gvrlc.vic.gov.au.

Go to [gvlibraries.com.au/holidays](http://gvlibraries.com.au/holidays) to find the complete holiday program.

Libraries  
Change Lives

18 McCaskill St, Numurkah  
Tel: 1300 374 765  
[www.gvlibraries.com.au](http://www.gvlibraries.com.au)



Numurkah Secondary College; Email [Numurkah.sc@education.vic.gov.au](mailto:Numurkah.sc@education.vic.gov.au)

## NUMURKAH SINGERS INC PRESENTS

### LIONEL BART'S **Oliver!**

**24th June 7:30pm, 25th June 7:30pm  
and 26th June 2:00pm**

**Numurkah Town Hall  
Knox Street Numurkah**

Tickets available at Eventbrite and at  
The Kiosk Melville Street Numurkah  
(Beside Post Office)



Thursday 9th, 16th & 23rd June 9am -12pm 2pm  
Saturday 4th, 11th & 18th June 9am-12pm

**Check us out on Facebook & Instagram**



State Covid Restrictions Apply

Numurkah Singers INC. Production of OLIVER!  
Book, music and lyrics by Lionel Bart

Licensed exclusively by Music Theatre International (Australia)  
All performance materials supplied by Hal Leonard Australia

## Craft your Future

Thursdays 9.30 - 2.30



**Cultivate your passion or learn new skills  
through your own creative project, using  
upcycled materials.**

Over 10 sessions we will explore  
your vision, develop a plan and  
bring your idea to life.



**Numurkah Community Learning Centre**  
99 Melville St, Numurkah  
admin@nclcinc.vic.edu.au, (03) 5862 2249

**Cost: \$50  
or \$40  
concession**

A NORTH EAST PRIDE COLLECTIVE EVENT

# RAINBOW BALL

A CELEBRATION FOR LGBTQIA+ YOUNG PEOPLE & THEIR FRIENDS

**25.6.2022**  
**BENALLA**

FOR AGES 14 - 24

DRESS CODE: COME AS YOU ARE

BOOK YOUR FREE TICKET & COURTESY BUS  
FROM VARIOUS LOCATIONS VIA [WWW.TRYBOOKING.COM/BZXEG](http://WWW.TRYBOOKING.COM/BZXEG)

FULLY SUPERVISED, DRUG, ALCOHOL, SMOKE & VAPE FREE EVENT



## VISIT US IN THE MOBILE CAMPUS

### NUMURKAH

Numurkah Secondary College

**20 – 21 JULY**

**10am – 4pm**

**FREE WORKSHOPS EVERY DAY AT  
10.30AM**

Wednesday: Resume writing  
Thursday: Key selection criteria



#### BOOK A SESSION

use the QR code below or drop  
in to access our FREE services.

Free TAFE and  
JobTrainer  
sessions every  
day at 2pm



SKILLS AND  
JOBS  
CENTRE



gotafe  
WU 10M

