



Email: numurkah.sc@education.vic.gov.au
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Not for one—but for all
NUMURKAH

SECONDARY COLLEGE

1st September 2022
Issue 132022 - September



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Principal's Report

Dear NSC families,

Over the last couple of weeks the CATS (Common Assessment Tasks) have been completed and made available to parents on Compass. This information provides ongoing feedback from each of the classes students are taking this semester. I encourage you to check these and discuss the comments with your child to support them achieve the best outcomes in all classes.

SPA reports will be available to parents on Friday.

Parent teacher interviews – We are looking forward to these being held on the evening of Thursday September 15th between 4.30 and 7.30 and on Friday September 16th between 8.30 and 1 pm. There will be no classes on the 16th and we encourage students to attend these interviews along with parents and guardians. Bookings for interviews can be made on compass from Monday September 9th.

Parent/Guardian survey – Thank you to those who have completed these. The information we collect from this survey is important in developing our Strategic Plan. I would really encourage parents and guardians to access this survey through the link on Compass.

Work experience – Our Year 10 students have done a terrific job working with Cathy (in careers) and the Year 10 staff, to organise work experience. It is wonderful that so many businesses in the community are willing to provide these opportunities for our students. This is taking place in the last week of the term and all Year 10 students will be involved.

Jobs and skills Program – This is progressing well and I enjoyed the coffee delivered this morning from Amy, who is participating in the hospitality training this week. It is great to have our students accessing this opportunity, which has been offered through the Industry Hub.

Curriculum Day – Please note that other than our VCE students (Units 3 and 4) undertaking the GAT, September the 7th is a pupil free day. All staff will be onsite to continue to work on our curriculum as we continue to develop our semester units for 2023.



Numurkah Secondary College acknowledges the Bangerang and Yorta Yorta people, Traditional Custodians of the land which our great school is built on. We pay our respects to their Elders, past, present and emerging.

Map courtesy of the website:
https://www.deadlystory.com/page/aboriginal-country-map/Aboriginal_Country_Completed/Bangerang/Bangerang_People

DATES TO REMEMBER

September 2022:

- 1st Sept: GMDSSV Athletics Carnival
- 7 Sept: **CURRICULUM DAY (Student free)**
- 8th Sept: RUOK? Day
- 15th Sept: Yr.7 Arts Victoria Melb Excurs
- 15th Sept: OED Snow Trip
- 15th Sept: Parent Teacher Interview
- 16th Sept: Parent Teacher Interview Day -No Classes
- 16th Sept: End of Term 3

October 2022:

- 3rd Oct: Term 4 Commences
- 3-14th Oct: Yr 9 15 Mile Creek Camp
- 19th Oct: **Pupil Free Day (Numurkah Show)**
- 31st Oct: **Pupil Free Day**
- Tue 1st Nov: **Melbourne Cup Public Holiday**

SCHOOL COUNCIL

COMMITTEE MEMBERS

Kathleen Newby (President), Kelly Bloomfield (Vice President), Cate Eddy (Executive Officer), Deanne Dewar, Chris Barnard, Louise Moss, Peter Smyth, Peta Russo, Angela Joy, Rachel Bonham

RAT's are available from the General Office – please call in and collect some

Phone use – The Department’s policy on phone use in schools is very clear. This includes a ban on them being used to make payments at the canteen. Students need to use a card if they wish to make payments using the eftpos machine.

Parent payments – Thank you to those who have arranged for these payments to be made. Numurkah Secondary College ensures costs to parents are kept to a minimum, affordable for families and proportionate to the needs of the school. The charges support the functions and objectives of the school, including the enhancement of student learning, access, equity, inclusion, and wellbeing. Contributions go specifically towards items that we believe add value to the school experience for students.

We value your contributions in supporting our school’s programs and resources. Contributions continue to assist us to broaden the education experience for our students and without your contributions, many of these things may not be possible. The link to year level payments is <https://www.numurkahsc.vic.edu.au/parent-payments--booklists.html>.

Please take the time to check through the Newsletter, to see what is happening in and around our school community.



Cate Eddy
NSC Principal

Please note the very important dates:

19th Oct: Pupil Free Day (Numurkah Show)

31st Oct: Pupil Free Day

Tue 1st Nov: Melbourne Cup Public Holiday

Get the facts about smoking and vaping



VICTORIA
Education and Training

What are your kids breathing in?

E-cigarettes and vapes are not safer than cigarettes



There are no quality or safety standards for e-cigarettes or vapes



Vaping liquids contain nicotine, heavy metals and cancer-causing chemicals

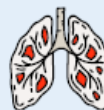


What it does to your body:

Vaping can cause vomiting, nausea, coughing, shortness of breath, mouth irritation and asthma



Long term use can cause lung damage, heart disease and cancers



Nicotine harms the brain development of children and teenagers



Young people who vape are more than three times more likely to move onto smoking cigarettes



Talk to your kids about the risks of smoking and vaping

- Contact Quit at www.quit.org.au or phone **13 78 48**
- Visit the Royal Children’s Hospital website www.rch.org.au and search ‘vaping’

- Scan the QR code for more information



www.quit.org.au/articles/teenvaping/

Engagement and Wellbeing

Week 6 and Week 7 were busy weeks for students who received positive on Compass. Congratulations to everyone 😊

Tahlia REUSS	6	Daemyn KOLLOSCH	2	Riley MAY	1	Tegan STEVENSON	4	Aiden WOOLLEY	2
Eleanor ROURKE	5	Paige GILMOUR	2	Jeremiah BARTLETT	1	Olivia HANLEY	4	Taylor-Jade CLARKE	2
Xavier DIXON	5	Tobie LOMAX-DAVIE	2	Marissa CLOUGH	1	Zephariah BARTLETT	4	Bayden PARKINSON	2
Jorjiah MOODY	5	Tommi WALLACE	2	Summer GERITY	1	Skye YOUNG	4	Holly THOMPSON	2
Cooper TETLEY	4	Chianne BURNETT-M	2	Lucas STEDMAN	1	Jake SALTER	4	Joseph CRISARA	2
Hannah STEDMAN	4	Jack TREMELLEN	2	Morgann HARRIS	1	Corban MORTON	4	Charlee LITTLE	2
Indianna ASHCROFT	4	Seiona MILLER	2	Lucas SPOKES	1	Jorjiah MOODY	4	Joshua STRIBBLING	2
Ryley HAMPSON	4	Zac POWLESLAND	2	Amy HIBBERSON	1	Xavier COX-MADDALEN	4	Mia RUGGI	2
Degan RYAN	4	Savannah SHANAHA	2	Toby BROWN	1	Jeremiah BARTLETT	3	Karleisha BRAMWELL	2
Renae RUSSO	4	Nadia RUGGI	2	Aadyn HICKS	1	Pippa MCCAMLEY	3	Grace JONES	2
Bethany GRIGG	4	Tyler BODSWORTH	2	Emily CODIGA	1	Charlee DAILEY	3	Tobie LOMAX-DAVIE	2
Nathan JOHNSTONE	4	Izaak KOELEMAN	2	Cooper HAMPTON A	1	Annabell HUGHES	3	Hannah GRIGG	2
Holly THOMPSON	4	Darby SALTER	2	Ella PARKINSON	1	Amy WYATT	3	Toby BROWN	2
Leila THORNELL	4	Taleisha MANZONE	2	Savannah RUMSEY	1	Connor CICCONE	3	Noah JOHNSON	2
Taylor-Jade CLARKE	4	Lochie OBRIEN	2	Zavier MORRIS	1	Keisha CRISP	3	William SRISOI	2
Lachlan MCCLUSKEY	4	Myah GUNDRILL	2	Joseph CRISARA	1	Connor PHILPOTT	3	Chelsea GUNN	2
Dakota KELLY	4	Shianne WAKEFIELD	2	Phoebe ZAMMIT	1	Charles HODGE	3	Elise KIRBY	2
Bayden PARKINSON	4	Matthew MILLEN	2	Savannah PAYNE	1	Cooper NEWBERY	3	Patrick CARLISLE	2
Caitlyn BROWN	4	Curtis MCKELLAR	2	Viv RUSSO	1	Robert HALL	3	Kobi HIPWELL	2
Jack ROWLAND	4	Helena SCHRAPEL	2	Zac NEWBY	1	Cooper TETLEY	3	Benjamin NORMAN	2
Skye YOUNG	4	Connor CICCONE	2	Devlin DUNCAN	1	Jena HUMPHRIES	3	Koby GILMOUR	2
Ivy HENDERSON	4	Heather MICHELMOI	2	Jesse WAKEMAN	1	Dallas HURLE	3	Heather MICHELMORE	2
Ashton VAN TAARLIJ	4	Clifford MCNALLY	2	Tyson SIMPSON	1	Bronte MOYLAN	3	Lachlan STRIBBLING	2
Zephariah BARTLETT	3	Hayden DEAK	2	Charlee DAILEY	1	Damiano GRASSO	3	Samara BARNES	2
Connie HARRIS	3	Christopher BODSW	2	Layla MORTON	1	Lucas HENDY	3	Layla MORTON	2
Declan CRISP	3	Sofia GAZZOLA	2	Caitrin HARRISON	1	Bailey BONHAM	3	Savannah PAYNE	2
Pippa MCCAMLEY	3	Chelsea GUNN	2	Tyson HILL	1	Morgann HARRIS	3	Caitrin HARRISON	2
Jacob JETTEN	3	Grace JONES	2	Jena HUMPHRIES	1	Demii MCKELLAR	3	Savannah SHANAHAN	2
Patrick CARLISLE	3	Chase ADAMS	2	Tyler COOK	1	Elisha MCCOOMBES	3	Amy HIBBERSON	2
Ethan MOSS	3	Felicity TICKELL	2	Brianna BOYDEN	1	Renae RUSSO	3	Sian LOMAX-DAVIE	2
Ocean FROST	3	Thomas ADAMS	2	Daniel CALLANDER	1	Helena SCHRAPEL	3	Lochie OBRIEN	2
Damiano GRASSO	3	Oliver MASTERS	2	Jake SALTER	1	Ryley HAMPSON	3	Sofia GAZZOLA	2
Noah PRICE	3	Savina D'AGOSTINO	2	Kyron COOK	1	Alexi KANE	3	Ashton VAN TAARLING	2
Bronte MOYLAN	3	Elisha MCCOOMBES	2	Jai BROWN	1	Taihlia HARRIS	3	Holly PHILPOTT	2
Noah JOHNSON	3	Koby GILMOUR	2	Taihlia HARRIS	1	Zac NEWBY	3	Lucas SPOKES	2
Will SIMPSON	3	Elise KIRBY	2	Jacob WOOLLEY	1	Caitlyn BROWN	3	Claudia WEINROWSKI	2
Nicholas TICKELL	3	Wyatt HENDY-SMITH	2	Keisha CRISP	1	Ellina GRASSO	2	Lucas STEDMAN	2
Summer STORER	3	Keely MCCLUSKEY	2	Jacob HUMPHRIES	1	Hunter KUBEIL	2	Thomas MOHR	2
Matthew KOELEMAN	3	Akaysia FITZGERALD	2	Keira DEKKER	1	Sapphire BROWN	2	Ella PARKINSON	2
Sian LOMAX-DAVIE	3	Karli GERDTZ-SUFFE	2	Alexi KANE	1	Inika CULTON	2	Matt HIBBERSON	2
Marli SALTER	3	Joshua MOODY	2	Xavier COX-MADDAI	1	Matthew KOELEMAN	2	Tyson SIMPSON	2
Daniel GRINTER	3	Kayla LYNCH	2	Mia RUGGI	1	Daniel CALLANDER	2	Kayla LYNCH	2
Lilly-Amber GROVER	3	Michael VAN DEN G	1	Cooper THORNELL	1	Noah GOOD	2	Clifford MCNALLY	2
Dallas HURLE	3	Chantelle WILLIAMS	1	Matthew TICKELL	1	Izaak KOELEMAN	2	Keely MCCLUSKEY	2
Aidan HURLE	3	Christopher BOSCH	1	Zoe HOOK	1	Hayley NEWBY	2	Jack TREMELLEN	2
Chase DIXON	3	Sophie MILLER	1	Connie HARRIS	6	Bonnie RUSSO	2	Zavier MORRIS	2
Tegan STEVENSON	3	Benjamin NORMAN	1	Ivy HENDERSON	6	Shianne WAKEFIELD	2	Jacob WOOLLEY	2
Bailey BROOKER	3	Matthew LOURENS	1	Phoebe ZAMMIT	5	Brianna BOYDEN	2	Zoe HOOK	2
Jade HOLMES	3	Kayla GERITY	1	Matthew LOURENS	5	Thomas ADAMS	2	Jade HOLMES	2
Jacinta HOLMES	3	Inika CULTON	1	Marli SALTER	5	Wyatt HENDY-SMITH	2	Jhett EDDY	2
Roseannah VAN TAA	2	Jett SMITH	1	Jack ROWLAND	5	Mercedes WHYTE	2	Michelle RORE	1
Bonnie RUSSO	2	River VEARING	1	Christopher BOSCHETTI	4	Courtney CICCONE	2	Keira DEKKER	1
Claudia WEINROWSKI	2	Bridget BROWN	1	Karli GERDTZ-SUFFERN	4	Chase DIXON	2	Tyson HILL	1
Amy WYATT	2	Matt HIBBERSON	1	Bethany GRIGG	4	Amelia-Jean BEVERLEY	2	Ethan MOSS	1
Lucas HENDY	2	Michelle RORE	1	Corey COOK	4	Oliver MASTERS	2	Ebony GIDDENS	1
Robert HALL	2	Holly PHILPOTT	1	Lilly-Amber GROVER	4	Jai BROWN	2	Amarlie GILMOUR	1
Shelby WARRINER	2	Cooper NEWBERY	1	Daniel GRINTER	4	Cheyenne CALLANDER	2	Tommi WALLACE	1
Noah GOOD	2	Matilda JONES	1	Nadia RUGGI	4	Brock RUMSEY	2	Cooper HAMPTON ARCI	1
Lachlan STRIBBLING	2	Nicole JOHNSON	1	Eleanor ROURKE	4	Heidi WEBB	2		
Jorga WAKEFIELD-FI	2	Marshall DUNCAN	1	Summer GERITY	4	Degan RYAN	2		
Bailey BONHAM	2	Sapphire BROWN	1	Hannah STEDMAN	4	Savannah RUMSEY	2		
Jhett EDDY	2	Hayley NEWBY	1	Leila THORNELL	4	Dakota KELLY	2		
Lory DEVINE	2	Charles HODGE	1	Bridget BROWN	4	Chloe LAWSON	2		
Jayden MCNAMARA	2			Chantelle WILLIAMS-M	4				
				Jacinta HOLMES	4				

Engagement and Wellbeing

Nathan SCHIEMANN	1	Mitchell BOSCHETTI	1
Paige BROOKER	1	Jake WILLIAMS	1
Jorga WAKEFIELD-FISCH	1	Toby GRIFFITHS	1
Lachlan MCCLUSKEY	1	Cooper THORNELL	1
Akaysia FITZGERALD	1	Tyeisha BOSTANCIOGLI	1
Jacob HUMPHRIES	1	Mark ROBERTS	1
Angus CLARK	1	Tyler COOK	1
Jacob LINDBERG	1	Savina D'AGOSTINO	1
Tyler BODSWORTH	1	Imogen JEANES	1
Christopher BODSWORTH	1	Seiona MILLER	1
Daemyn KOLLOSCH-BE	1	Dakota CHALSON	1
Rhiannon JOSE	1	Shelby WARRINER	1
Zakhariah KNEIPP	1	Nicholas TICKELL	1
River VEARING	1	Blake LAWSON	1
Ocean FROST	1	Chianne BURNETT-MILL	1
Hayden DEAK	1	Marshall DUNCAN	1
Tahlia REUSS	1	Noah PRICE	1
Chase ADAMS	1	Matilda JONES	1
Matthew TICKELL	1	Devlin DUNCAN	1
Lory DEVINE	1		
Joshua MOODY	1		
Hayley-Anne MCGILL	1	Grand Total	418



What is empathy?

You probably know it is putting yourself in someone else's shoes, but how easy is it to do that. Do you really know what is happening for other people, how they feel, or what is bothering them?

Consider the story below... it's a pretty good message for all of us!

As I was driving the other day I was following a car with a big yellow "L" plate and a sign in the back window that said "Learning to drive a manual car, sorry for any delay."

Knowing this, I was very patient with their driving, and they were actually doing pretty well considering they were still learning. Then I asked myself a tough question. Would I have been as patient if the sign had not been in the window? I can almost definitely say no.

We don't know what someone is going through. We don't wear signs that tell others our personal struggles. You don't see signs taped to people's shirts that say "Feeling really fragile today", or "My friend is unwell and I am worried", or "I just had a big argument with mum/dad".

If we could read visually what those around us are going through we would definitely be nicer. But we should not need to see signs, or to have reasons to treat each other with kindness. We should do it anyway whether we know what is going on or not.

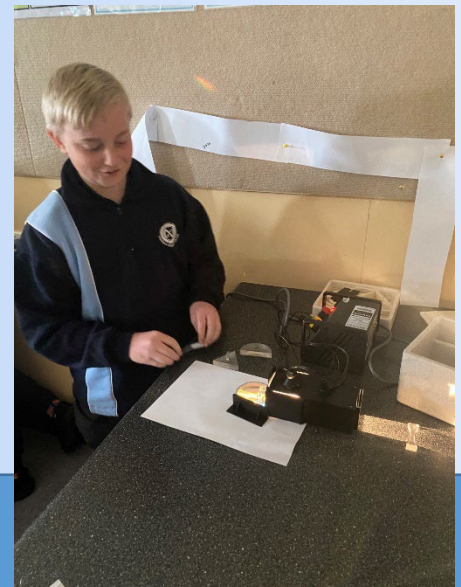
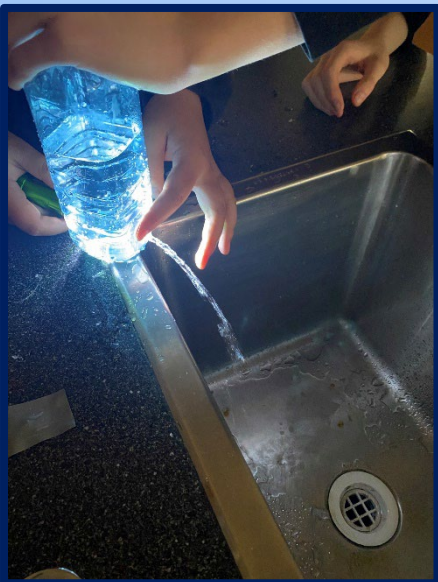
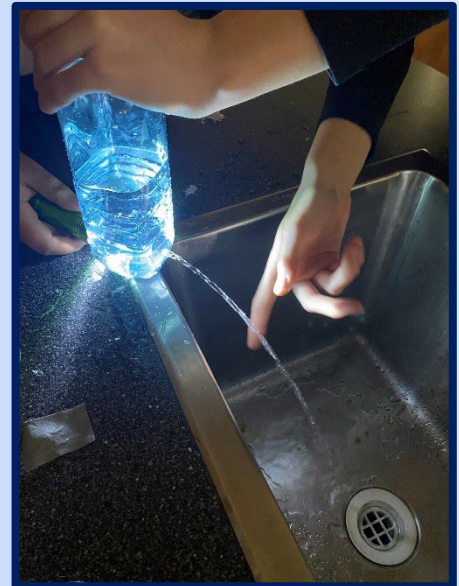
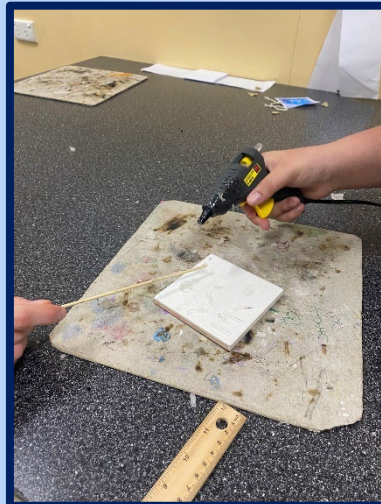
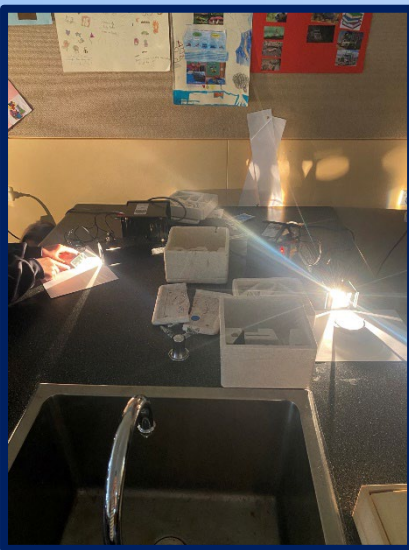
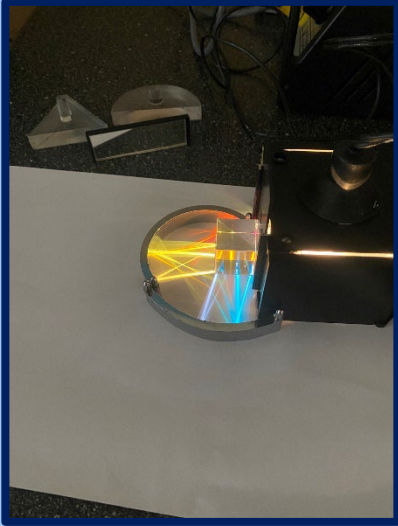
THAT is empathy.

How could you show someone a little empathy? Try this!

Pay attention to the feelings of people around you today. If you notice a friend looking upset, ask them if they'd like to talk about it. If a family member seems a bit stressed, offer to help out. Try to show empathy to at least one person every day.

Yr 7 Science

Noah Johnson is in a couple of photos here. He was enthralled with the light boxes and how it all reflects and refracts with lenses, mirrors, and prisms. So much so that he wants his own light box now!



NSC First Nations Focus Group

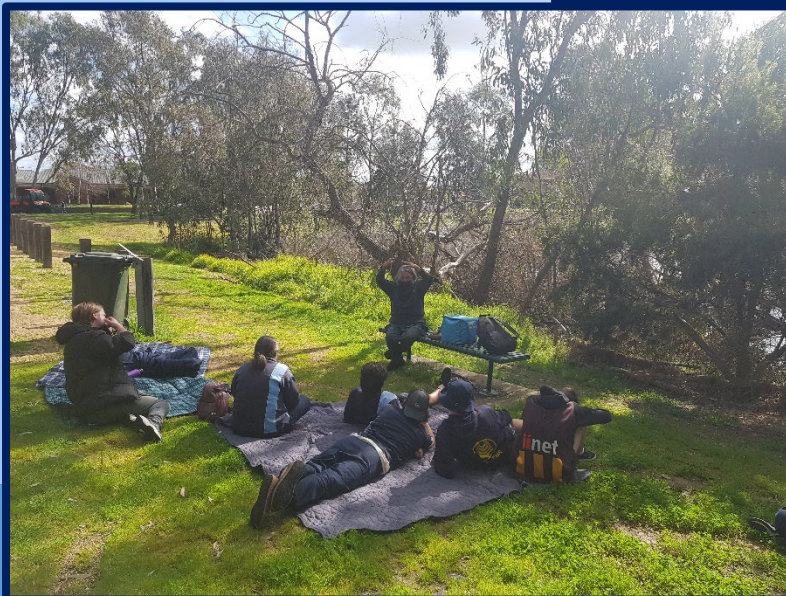
The Numurkah First Nations focus group had a wonderful opportunity to engage with culture and community through the help of Auntie Greta Morgan from Parks Victoria.

The students rode bikes down to the Numurkah wetlands to meet up with Greta, who is a Yorta Yorta Woman and

Interpretation and Information Officer for Parks Victoria. We began with a walk along the tracks, pointing out native plants, animals and indigenous food sources, Auntie Greta even found a turtle shell which must have recently been eaten.

We then sat down to listen to the knowledge that Auntie Greta would share. We discussed her role in Parks Victoria, the structure of pre-colonial Australian societies, totems, cultural responsibilities, indigenous food sources and so much more.

It was a wonderful session out on Country which the students expressed they learned a lot from. We can't wait to go back again!



VCE online events for parents and students

Victoria's senior secondary education is changing

From 2023, the new VCE Vocational Major will replace Intermediate and Senior VCAL. This means the VCE will recognise different students equally.

About the changes to senior secondary education

From 2023, students will have more education choices, a higher-quality curriculum and better workplace experiences.

The changes are a result of the Review into Vocational and Applied Learning Pathways in Senior Secondary Schooling (the Firth review) which found changes were needed to improve vocational learning in schools.

For more information about the new One VCE and Vocational Major, refer to: Many Talents One VCE

Parent online briefings

The Department of Education and Training and the Victorian Curriculum and Assessment Authority are partnering with Parents Victoria to deliver an online briefing about the changes to senior secondary education:

- Wednesday 7 September 2022 at noon via Microsoft Teams. Register to attend.
- Thursday 8 September 2022 at 7:30 pm via Microsoft Teams. Register to attend.

Come along to learn about how students in years 9 to 11 will have more education choices, a higher-quality curriculum and better workplace experiences.

One VCE Ask Me Anything session for students

The Department of Education and Training and the Victorian Curriculum and Assessment Authority are partnering with VicSRC to host a One VCE Ask Me Anything (AMA) session.

This is a chance for years 9 to 11 students to hear from the government and have their questions answered.

- Tuesday 13 September 2022 at 7:30 pm via YouTube Live. Registration not required.

Students can get answers to their questions about the new VCE. Parents and guardians are also welcome to join and ask questions.

For more information and to join or ask a question

YEAR 10 WORK EXPERIENCE

All year 10 students will be out on Work Experience the last week of term 3

Monday 12 – Friday 16th September

If for any reason your student does not have a placement organised, please contact the school asap.

A big shout out to all the employers supporting NSC year 10 Students with work experience placements, Thank you

Employers

- Good Start Early Learning (Numurkah)
- Numurkah Bearings and Hydraulics (Numurkah)
- St Joseph's Primary School (Numurkah)
- David Cullum Painting (Shepparton East)
- NCN Health (Numurkah)
- Katunga Primary School (Katunga)
- Nathalia Boarding Kennels (Nathalia)
- Chris Hicks - All Plumbing (Katunga)
- Tallygaroopna Childrens Centre (Tallygaroopna)
- Daviwell Kitchens DPK (Shepparton East)
- Pet Stock Shepparton (Shepparton)
- Automotive Super Balance (Shepparton)
- Harris Panel Beating (Numurkah)
- Numurkah Vet Clinic (Numurkah)
- WEHI (Parkville)
- Brads Painting and Property Maintenance (Numurkah)
- Numurkah Trade Group (Numurkah)
- Byers Electrical (Shepparton)
- Numurkah Truck Repairs (Numurkah)
- AWI Shearing School (Conargo)
- Hodgco Australia (Numurkah)
- Barooga Public School (Barooga)
- Sleekline Installations (Greenvale)
- LDK Trailers (Shepparton)
- Aldig Contracting (Oakleigh South)
- Total Building Supplies (Shepparton)
- Gene Technology Access Centre (Parkville)

2023 VETDSS Expressions of Interest EOI

Closes Friday 2nd September 2022

A friendly reminder for all VETDSS EOI's to be registered by this Friday 2nd September. If you're having any trouble or have concerns in meeting this deadline, please be sure to reach out to Paigan or Laura for any assistance - expression of interest form.

Numurkah School of Training & Education, email nimpey@gotafe.vic.edu.au lkilgour@gotafe.vic.edu.au; www.numurkahsc.vic.edu.au

Careers

Year 12 2022 VTAC Dates

- Applications open for courses, SEAS and scholarships
- Timely course applications close
- SEAS and scholarships applications close
- ATAR and VCE results released
- Change of preference deadline for December offers (domestic and international)
- December offers released (domestic and international).
Change of preference deadline to be advised
- January offers released

Monday 1 August
Thursday 29 September
Friday 7 October
7am, Monday 12 December

4pm, Wednesday 14 December

Wednesday 21 December
Friday 13 January, 2023

Numurkah Secondary College Careers website aims to provide you with all the latest information that will help your child decide about their future career. Check it out www.numurkahcareers.com

If you need advice drop in and see Cathy (Tuesday – Friday) located in the Library or send an email, text or phone.

Cathy O'Sullivan

E: cathy.osullivan@education.vic.gov.au

M: 0476 496 352

**AG
CAREER
START**
LEARN. GROW. FARM.

AGCAREERSTART IS A 10-12 MONTH GAP-YEAR PROGRAM TO KICK-START YOUNG AUSTRALIANS' CAREERS IN AGRICULTURE.

KEY DATES

- 31 MAY** WEBINAR - WHAT IS AGCAREERSTART?
To find out more about the AgCAREERSTART program, join us on one of our webinars.
- 29 JUNE** AN AGRICULTURAL GAP-YEAR FOR YOUR CHILD OR STUDENT
- 28 JULY** MEET THE 2022 COHORT OF FARMERS AND PARTICIPANTS
- 22 AUG** FROM LECTURE THEATRE TO PADDOCK:
AgCAREERSTART for uni students
- 17 SEPT** AGCAREERSTART APPLICATION PROCESS:
What happens next?
- 12 OCT** FINAL STEPS TO STARTING YOUR GAP-YEAR ON FARM

■ Potential applicants ■ Parents/Guardians ■ Teachers/Counselors

Scan the QR code to register for our webinar in fortnights



**BUILD YOUR OWN DREAMS,
OR SOMEBODY ELSE WILL
HIRE YOU TO CREATE
THEIRS.**

WWW.AGCAREERSTART.COM / @AGCAREERSTART

**AG
CAREER
START**
LEARN. GROW. FARM.



**APPLICATIONS
FOR 2023**
OPEN ON JULY 12
AND CLOSE
OCTOBER 18, 2022.

AGCAREERSTART IS A 10-12 MONTH GAP-YEAR PROGRAM TO KICK-START YOUNG AUSTRALIANS' CAREERS IN AGRICULTURE.

This unique gap-year program provides you with a paid job, training and development, not to mention the opportunity to build your networks within the agriculture industry.

Applicants can choose from a wide variety of farm types including dairy, beef, grains, forestry, cotton, sheep horticulture, and other livestock industries such as poultry or pork. A matching process is undertaken to ensure participants are assigned to the type of farms that match their interests and skills.

WHO IS ELIGIBLE TO APPLY?

- Anyone aged from 17-25 can apply
- Need to be legally able to work in Australia
- Driver's license preferred, but not essential
- Previous experience in agriculture not required

WHAT'S IN IT FOR ME?

- Full time paid job
- A training grant to upskill yourself
- Funding to attend industry events
- A dedicated support team

HOW CAN I SIGN UP?

Visit agcareerstart.com.au and register your interest today!

WHAT CAN YOU EXPECT TO GET OUT OF THE PROGRAM?

Get paid to learn

AgCAREERSTART is a unique pathway into agriculture, enabling you to get paid while you learn. Every day of your gap-year will offer exciting challenges and opportunities to learn. On top of the skills and experience you will gain working on the farm, you will undertake farm safety training and gain access to a training grant to upskill yourself throughout your placement.

A new network

The program provides you with access to a network of like-minded young people also embarking on their gap-years. There will be many opportunities to build your networks and attend significant industry events such as conferences, agricultural field days, and other local events, utilising your industry engagement grant.

Ongoing support

We know that starting a new job and moving away from home can be daunting so the AgCAREERSTART team will provide you with the support to ensure a safe and rewarding experience and the opportunity to move into a career in agriculture at the completion of your placement.



Australian Government
Department of Agriculture,
Water and the Environment

The AgCAREERSTART pilot is funded by the Australian Government
Department of Agriculture, Water and the Environment





To our parents, guardians and care givers,

Our school is conducting a survey to find out what parents/caregivers/guardians think of our school. This is an annual survey offered by the Department of Education and Training that is designed to assist schools in gaining an understanding of families' perceptions of school climate, student behaviour, and student engagement. We encourage all families to participate in this survey. Our school will use the survey results to help inform and direct future school planning and improvement strategies. The Parent/Caregiver/Guardian Opinion Survey is now open and will close on **Friday 16th September**.

The survey will be conducted **online**, only takes **20 minutes** to complete, and can be accessed at any convenient time within the fieldwork period on desktop computers, laptops, tablets or smartphones. We would really appreciate your feedback as we strive to meet the needs of our whole school community. Information and log-in information has been sent out on compass to all families.

Get the facts about smoking and vaping

THE EDUCATION
STATE

VICTORIA
SCHOOL
Education
and Training

What are your kids breathing in?

E-cigarettes and vapes are not safer than cigarettes



There are no quality or safety standards for e-cigarettes or vapes



Vaping liquids contain nicotine, heavy metals and cancer-causing chemicals



What it does to your body:

Vaping can cause vomiting, nausea, coughing, shortness of breath, mouth irritation and asthma



Long term use can cause lung damage, heart disease and cancers



Nicotine harms the brain development of children and teenagers



Young people who vape are more than three times more likely to move onto smoking cigarettes



Talk to your kids about the risks of smoking and vaping

- Contact Quit at www.quit.org.au or phone **13 78 48**
- Visit the Royal Children's Hospital website www.rch.org.au and search 'vaping'

- Scan the QR code for more information



www.quit.org.au/articles/teenvaping/

Talking about vaping with young people.

Are you concerned about a young person who may be vaping?

Having a conversation about it might feel tricky, but it's always a good idea!



Start with information

Get the key facts, learn the **basics about vaping products**, and think through what you want to say. Consider some questions you might be asked, and how you want to respond.



Approach it calmly

You might want to start the conversation when you're doing an activity together, such as driving or preparing a meal. Keep things casual and relaxed. You might want to use something you saw in a TV show or on the news as a chance to bring up the issue.



Don't make assumptions

If you think they may have tried vaping, avoid making accusations. Going through someone's space looking for evidence isn't recommended, because it can undermine trust.



Avoid judging or lecturing

Listen to their point of view and keep it a two-way conversation. Being mindful to keep your body language and tone respectful can go a long way. If they have tried vaping, try asking questions like: 'what made you want to try?' and 'how did it make you feel?'



Don't exaggerate

Make sure you are honest with them about potential harms and avoid exaggerated statements.



Focus on health and explain your concerns

Focus on how you care about them and want them to be healthy. For example, if they are vaping nicotine you can say that you are concerned about the **evidence** that this can affect adolescent brain development.

Ask

RUOK?™

No qualifications needed

SHARE A NOTE

to stay connected and ask, 'are you OK?'

Ask

RUOK?™

No qualifications needed

Share how you'll make it
part of your everyday.

Learn more at ruok.org.au

RUOK? DAY™
8 September 2022

RUOK? DAY™
8 September 2022

When might I need to ask, "are you OK?"

The people in your world won't always tell you if something's troubling them, so it's important that you make asking 'are you OK?' a part of your everyday relationships with friends, family, team mates and colleagues.

The earlier you provide an opportunity for someone to open up to you, the sooner they can find appropriate support or, if needed, seek professional help and the greater the chance that together, you can stop small problems from becoming bigger ones.

Moments you might need to ask include:

- When they're experiencing relationship difficulties or breaking up with a partner.
- When they're experiencing increased levels of stress or constant stress.
- When they're experiencing financial difficulty.
- When they're going through a period of major change at work, home or in life.
- When they've experienced the loss of someone or something they care about.
- When they have a major health issue.

You may also notice changes in what they're saying or doing



WHAT ARE THEY SAYING?

Look out for changes in what they're saying or expressing. They might:

- Sound confused or irrational
- Express they can't cope or feel out of control
- Be more critical of themselves or others
- Sound like they're trapped or in pain
- Share feelings of loneliness or being a burden to others.

WHAT ARE THEY DOING?

Look out for changes in how they're behaving or what they're doing. They may be experiencing:

- A lack of motivation or energy
- An inability to switch off
- Changes in their sleeping, exercise or eating patterns
- Becoming more or less interested in their appearance
- A lack of interest in something they used to enjoy.

4

Ask RUOK?™

5

RUOK? DAY™
8 September 2022



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Support is available

If a life is in danger or you're concerned for your own or someone's safety please call 000.

If you're finding life tough or need some extra support, it can help to talk about how you're feeling with someone you trust.

You and your loved ones can find support by contacting your local doctor or one of these crisis lines:

Lifeline (24/7)

13 11 14

lifeline.org.au

Suicide Call Back Service (24/7)

1300 659 467

suicidecallbackservice.org.au

Beyond Blue (24/7)

1300 224 636

beyondblue.org.au

Kids Helpline

(24/7, for youth 5-25)

1800 55 1800

kidshelpline.com.au

MensLine (24/7)

1300 78 99 78

mensline.org.au

Family and friends can also call upon these services for advice and assistance on how to support someone who is struggling with life.

1800RESPECT (24/7)

1800 737 732

1800respect.org.au

13 YARN (24/7)

13 92 76

13yarn.org.au

QLife (3pm-midnight) Anonymous, free LGBTI support 1800 184 527

qlife.org.au

Griefline (6am-midnight)

1300 845 745

griefline.org.au



No qualifications needed



View our directory of national helplines and services at ruok.org.au/findhelp

RUOK? DAY™
8 September 2022



Ask RUOK?™
No qualifications needed

Trouble with transport?

Moirā Shire Council is undertaking a review of community transport needs and services within the municipality and seeks input from people of all ages from school students to older adults.

We want to understand how people without access to their own vehicle are managing their transport needs and any difficulties they are experiencing accessing activities that are part of community living.

If you know someone who meets these criteria, please encourage them to complete the survey by visiting https://www.surveymonkey.com/r/MS_CTSR or scanning the QR code.

It should take under 10 minutes to complete and will provide information so that Council can advocate for improved services across the Moira area. The survey closes on 2 September 2022.

Scan here for
survey



MHA is a not-for-profit organisation that has been providing high quality home and community care services across the Moira Shire and surrounding districts.

Due to growth and industry demand, we are looking for PCA's and Home Care Workers (Cleaners) throughout Shepparton and Moira regions.

- School Hours
- Options to Upskill
- Salary Packaging Available

For my information or to apply please send a cover letter and resume to: hr@mhacare.org.au

MHA Care

We're looking for you.



School Bus Co-Ordination

Join our app to stay up to date with our latest information - it's free!

Follow these steps to join our app:

1. Scan the QR code below & download Stack Team App or visit www.teamapp.com.
2. Sign up to Stack Team App and log in to your account.
3. Search for 'School Bus Co-Ordination' and request to join.



SCAN ME



Contact:
Helen Barker
03 58621088

Helen.barker@education.vic.gov.au



CONSTRUCTION MANAGEMENT GAP YEAR PROGRAM

CPE Construction is a regionally based construction company. We work on and manage a variety of large-scale construction projects.

We are passionate about employing local young people who have an interest in the construction industry and are eager to learn and explore the industry further. We have a strong apprenticeship program to develop our tradesmen and wish to extend our entry level opportunities and skills development over to our project management team by introducing our Construction Management Gap Year Program.

The Aim of the Program

- To provide local VCE students who show an interest in construction, building and engineering an opportunity to experience project management work before following study or taking up a position in this field.
- To enable CPE Construction to continually employ local and provide careers pathways into the construction industry.

The OUTCOMES anticipated

- Exposure and experience in both administration and on-site construction operations to help them decide the career path best for them.

- Provide entry level positions in our Project Management team where the person will be trained in our construction management processes including estimating, procurement, scheduling, budgeting, quality, and safety compliance.
- Provide locale employment options, in the multi-faceted construction industry.
- On completion of the program there is potential for part time employment during their studies, as well as opportunities to complete further formal qualifications within CPE Construction.

THE BENEFITS FOR GAP YEAR STUDENTS

- Fulfill your gap year locally whilst working full time.
- Exposure and experience within the Construction industry.
- Support and guidance in helping you decide the direction of further study and your career.
- Ongoing part time or fulltime employment on completion of the program.
- Post study completion career opportunities.

APPLY NOW

Email your resume and cover letter outlining your interest in our gap year program to amanda@lopeconstruction.com.au

If you wish to discuss our career opportunities further, please call Amanda on 0439 751 208

Ph: (03) 5872 2158 | 3718 Murray Valley Hwy, Cobram VIC 3643

www.cpeconstructions.com.au



DISCOVER MELBOURNE AT DOOKIE

Sunday 11 September 2022
10am-2pm

Dookie campus, 940 Dookie-Nalinga Road, Dookie

Register now at study.unimelb.edu.au/discover-melbourne-dookie

EXPERIENCE LIFE AT MELBOURNE

Thinking about studying at uni? Come and experience UniMelb life for yourself at our Dookie campus and learn about our key disciplines and pathway opportunities across our undergraduate and diploma courses.

Learn how a Melbourne degree can set you apart. Speak with current students, academics and staff to learn more about your study options. You'll also find out how to apply for Access Melbourne, our special entry access scheme, offering guaranteed entry to eligible students from regional and remote areas.

WHAT'S ON AT DISCOVER MELBOURNE AT DOOKIE?

MEET OUR MELBOURNE COMMUNITY

Meet academics, future student teams and current students to get a better understanding of your study options and the careers they can lead to. Sessions throughout the day will explore undergraduate courses, pathways, exchange, careers, internships, scholarships, accommodation and colleges.

DISCOVER ACCESS MELBOURNE OPPORTUNITIES

Find out how to apply for Access Melbourne, our special entry access scheme, offering guaranteed entry to eligible students from regional and remote areas.

SEE HOW OUR CURRICULUM WORKS

Join in-person sessions to see the Melbourne curriculum in action and learn how it can prepare you for a future-oriented workplace. Meet the academics teaching undergraduate courses at Melbourne, as well as current students who will share their unique stories.

TOUR THE DOOKIE CAMPUS

Take a tour of the Dookie campus and see how it's a focal point for key research, teaching and technology development that is helping to shape the future of agriculture in Australia. Visit our high-tech robotic dairy and discover how precision technology increases the efficiency of milk production and improves animal health outcomes.

Register now at study.unimelb.edu.au/discover-melbourne-dookie



Helping your family stay safe online

Children can learn, explore, play and make friends online. But there can be risks.

Your child might accidentally see upsetting content, be contacted by strangers or experience bullying. They might also miss out on important things like spending time outside.

Here are some easy things you can do to help keep children safe online.

Talk about online safety as a family

Let your child know they can always come to you if something happens online that makes them feel scared or upset.

You can ask your child to show you the games and apps they use. Use eSafety's [conversation starters](#) to help you get started.

Set up family rules together

As a family, you can choose some easy rules to help keep everyone safe online. You can include things like where devices can be used, what games and apps your children can use, and how much time can be spent online. Most devices and apps have features to set limits on how they are used. Watch [this video](#) to learn more about parental controls and settings.

Know where to get help

If you need help with an online issue and you are not sure what to do, talk about it with someone you trust, like a friend or a teacher at your child's school. You can also speak to someone at [Parentline](#) for help with parenting challenges. The eSafety Commissioner (eSafety) helps to keep all Australian families safe online. The [eSafety website](#) has more information about [reporting online abuse](#) and staying safe online.



For more information about how to keep your family safe online, search for [eSafety Parents](#) on our website.

CAN HUB PRESENTS LIVE MUSIC

A voice that goes from tiny precision to giant roar. Drew plays piano, oozes raw lyrics and sweet stacks of harmony.

Drew Walker



Tinman

Swaying on the edges of folk, gospel and blues, their sound is earthy and warm, built around their many stringed instruments.



Join us
benefit

SAT 17 SEP
NUMURKAH RSL HALL
40 Saxton street
DOORS OPEN AT 6PM
MUSIC 7-10.30PM 2022

MEMBERS

\$10

NON-MEMBERS

\$20

BYO Supper/takeaway

Drinks at RSL Bar prices (no BYO)

For more info or

purchase tickets

Ph. 0427 631 927

www.canhub.com.au

Made possible by



Scan the QR code to buy your tickets or visit www.canhub.com.au





Junior Registration – Meet and Greet

When - Sunday 18th September

Time – 10am (Free BBQ to follow)

To all Juniors and Parents, existing and new players, come down to the Katandra Cricket Club training nets for a Registration/Meet and Greet morning.

Junior Cricket is FREE!



Meet our Junior Coaches and a few of our current senior players which will hold a short training run followed by a free BBQ.

Information about the coming season - Game and training start times,
What's gear/clothing is required to play
Registration requirements

For more information please call Adam Cleary (Junior Director) 0491214119



BEAUTY IN RESPONSE TO PLAGUE: THE CITY OF VENICE
ASSOCIATE PROFESSOR CATHERINE KOVESI

2022 HCV Annual Lecture

5.30 PM THURSDAY 20 OCTOBER 2022

WWW.HISTORYCOUNCILVIC.ORG.AU/2022_ANNUAL_LECTURE



2022/23 Junior Cricket @ Katandra Cricket Club



We need boys and girls from Grade 3 to Year 8! Our Junior Cricket Teams require extra players to ensure that we fill our successful U12B and U14 Teams for the upcoming season.

We have a group of keen players in each age group that would like to stay playing at the club with our fantastic grounds, facilities and coaches. If you are interested in helping our junior players continue to play junior cricket at the Eagles, please call

Adam Cleary on 0491 214 119.



*** Free Junior Cricket in 2022-23 ***

