

Numurkah Secondary College

Newsletter

104 Tocumwal Road Numurkah

(03) 58621088



Principal's Report

For many of our students the 2023 academic year is coming to a close. Our 2024 year 11 and 12 VCE students have completed 2 weeks of the Head Start program. The engagement and work ethic of students during these sessions has been impressive and sets the tone for their senior program next year. There will be tasks for them to complete over the break and this will ensure they are well prepared for classes when they return on January 30th. Several classes do have online resources or textbooks which need to be purchased. These resources have been carefully checked by teachers to ensure they are the best options. EDROLO is one of the online resources students in some subjects require, the company provides access for the Head Start program without payment, but this will cease early in December. Students have been asked to go online individually to make these payments which will enable them access to complete holiday tasks. Payment plans can be put in place to assist families, please contact Lisa Eddy, our Business Manager to discuss this.

The Valedictory Dinner held at the Shamrock Hotel was a wonderful evening, celebrating the completion of 13 years of education. I wish each of our graduating students the very best in the next chapter of their story. Thank you to Micah Collie and Kylie Hicks for the work they put into the evening and over the year to support our students complete their studies and celebrate their graduation. Thanks also to The Shamrock team for providing a wonderful meal and venue for this event.

Year 7 2024 transition day is on December 12th. There has already been a significant amount of work go into providing opportunities for families and our new students to attend interviews, tours and activities. This is an important and exciting day to help these students get a taste of the year ahead and to also meet staff and experience a secondary school program.

Students have recently completed PAT testing at school and it has been wonderful to celebrate the growth we have seen in numeracy and literacy from many of our students. This is a great reflection of the learning taking place in the classroom, the work from teachers and support staff as well as our students aspiring to be their best.

Term Dates

October

5th Hume Athletics

13th Junior Summer Sports **19th** Year 12 Graduation

Assembly

23rd Year 12 exams begin **25th** Numurkah Show

Day—student free day

November

6th Curriculum Day—student free day

7th Melbourne Cup Holiday

15th—17th Year 10 and 11 exams

17th Valedictory Dinner **20th** Headstart for Year 11 and 12 begins (2 weeks)

December

5th Year 8 Surf Camp13th Presentation night20th End of Term 42024

<u>January</u>

29th Staff return
30th Students return

Numurkah Secondary
College acknowledges the
Bangerang and Yorta Yorta
people, the Traditional
Custodians of the land on
which our great school is
built. We pay our respects
to their Elders, past present
and emerging.

NSC Online details

Email: numurkahsc@education.vic.gov.au

Website: www.numurkahsc.vic.gov.au

Facebook: Numurkah Secondary College



School Council

President: Kathleen Newby Vice President: Rachel Bonham Executive Officer: Cate Eddy Committee Members: Deanne Dewar, Chris Barnard, Louise Moss, Peter Smyth, Peta Russo, Morgan McCloskey, Rhiannon Jose, Oliver Masters

Next meeting: Monday 11th

I recently received the data from the school parent survey. Thank you to the parents who completed this, the uptake was significantly greater than previous years. The feedback is greatly appreciated as it reflects the work we have been doing and enables us to see where we are making a difference and where we need to address concerns. A clear message was that parents and guardians would like more communication from teachers so we will investigate how we can build more of this into our practice.

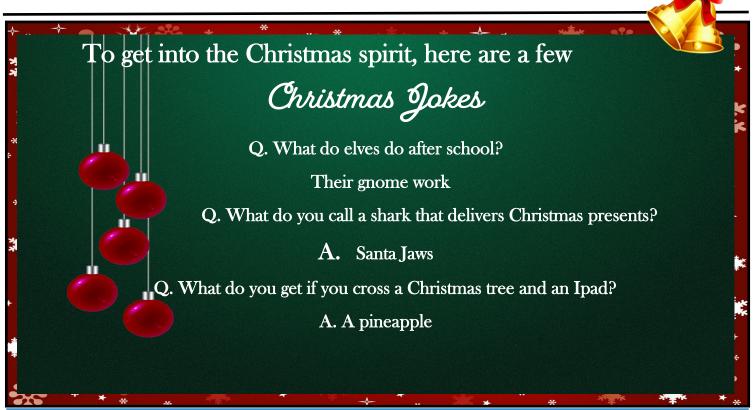
The final round of CATS for the year have been released and final reports will be released on December 14th. If you have any concerns related to these please contact year level leaders. We will be acknowledging some of the great results students have achieved at our presentation evening on December 13th.

Booklists for next year are on our website, please check these and if you have questions contact the school. Uniform guidelines and order forms are also on the website. The option of a white button up shirt has been added at student request. The local Sports store is well stocked. Shoes seem to constantly be a concern. Students should wear plain black leather shoes to school. These need to cover the top of the foot so T-Bars do not meet OH&S guidelines. There are lots of options available at our local store and at sports and shoe stores in Shepparton. We have excellent facilities for students to change for PE so we encourage students to bring their PE uniform and sports shoes for these classes.

The year 8 Surf camp starts on Tuesday of next week. NSC has a long history of our year 8's heading to the Anglesea at this time of the year. I have great memories of attending this camp way back when I was in year 8 and I know many of our parents do as well. I am looking forward to hearing of the adventures and seeing the pictures of our students involved in lots of activities including tackling the surf. There will be no program running at school for year 8's not attending the camp.

Year 7 and 9 students have 1 more week of regular classes before we begin our activity program. Students will be completing important learning up until Friday 8th. The following week will see our activity program start which provides lots of different opportunities to meet a variety of interest. Always a great way for our students to finish off the year and spend fun time with their friends.

Cate Eddy



R.E.A.P Respect - Excellence - Aspiration - Pride

The Dangers of Vaping

Most people in our school community would be aware of vaping. It is a growing problem in schools and the broader community. 47% of Australians vape, and of relevance to our school community, 14% of people aged 15-30 currently vape. 33% admit to vaping now or in the past. But also only 1 in 3 have any understanding about what is in vapes.



First it is important to note that vaping or smoking within 4 metres of a school entrance (gates) or on school grounds is actually illegal. Not just against school rules, but against the

Of greater concern is the potential health risks for young people. E-cigarettes/vapes can contain up to 200 dangerous chemicals, such as poisons found in weed killer and paint stripper, that are inhaled deep into the lungs. Breathing in these aerosols can lodge fine metal particles in the lungs, risking lung injury, seizures, asthma attacks, and bronchitis. In rare cases it has even tragically led to death.

Our lungs are designed to breathe in oxygen... foreign substances and dangerous chemicals should be avoided. Inhaling them on purpose will cause harm.

Vaping also risks mental health and wellbeing, with very high levels of nicotine often present. Nicotine is highly addictive, and impedes adolescence brain development. This has also been linked to mood disorders, anxiety and worsening of the symptoms of depression.

Communication with our young people is critical to help them appreciate the risks, and understand the impacts that vaping may have for them. VicHealth suggests 4 strategies when discussing vaping with students:

- 1. Listen, don't lecture. Ask questions, avoid judgements and approach the conversation in a casual way.
- 2. Get the facts. Know what you are talking about so you can have an informed and constructive conversation.
- 3. Be real, be respectful. Don't exaggerate facts and focus in on concern for health and overall wellbeing. Respect boundaries and avoid pushing into areas they may not yet be ready to discuss..
- 4. Support Quitting. Obviously this is only relevant if your student is vaping, but if they are ready, be ready to find out more and help them out.

More information is available on the VicHealth website: https://www.vichealth.vic.gov.au/our-health/everything-we-know-so-far-about-vaping/impact-vaping-young-people

This is an issue bigger than Numurkah Secondary College, and like many such issues, tackling it requires a whole school community approach. Together we can be informed, supportive and help guide our students in being the healthiest version of themselves.

Moving into 2024

It has been great to see so many of our senior students engage so well with the Head Start program and preparing for 2024. As a Wellbeing Team we are also preparing for big things to support our students Engagement and Wellbeing throughout next year. These include:

- Increased engagement with The Resilience Project, including a Family and Community evening in March 2024 around Digital Safety
- Increased focus on cyber safety and online bullying through the eSmart Schools Program
- Ongoing programs and support for student attendance as a key pillar of driving positive academic, social and emotional outcomes for students
- Continued embedding of in school programs to support wellbeing such as Doctors in Schools, Headspace, Group Wellbeing Programs and individualised support in the classroom and for overall wellbeing.

At NSC, we are ready to learn when we bring a fully charged laptop to class.

Positive Compass Chronicles Weeks 7—9

10 Positives—Hayley Newby

- 9 Positives—Kyron COOK, Ocean FROST, Lilly-Amber GROVER, Ella PARKINSON,
- 8 Positives—Charlotte ALLISON, Tyler BODSWORTH, Ivy HENDERSON
- 7 Positives— Chase ADAMS, Laylla TYRRELL, Kaiah BOYDEN, Charlie PATTEN, Aleesha JOHNSTONE, Violet MONGAN
- 6 Positives Travis DECKER, Paige HAMPSON, Matthew KOELEMAN, Charlotte CODIGA, Taleisha MANZONE, Ebony-Paige GROVER, Marli SALTER, Elisha MCCOOMBES, Noah JOHNSON, Ellina GRASSO, Summer GERITY, Izaac KOELEMAN, Tobie LOMAX-DAVIE, Tyler COOK
- 5 Positives Tanner BONHAM, Ryley HAMPSON, Helena SCHRAPEL, Bailey BONHAM, Holly PIACENTINI, Charles HODGE, Owen WILLIAMS-MOSS, Liam WOOLLEY, Rylee BULLOCK, Bella SHAYNE, Sol FROST, Connie HARRIS, Dakota EVERETT, Emilia GAZZOLA, Dakota JONES, Olivia HANLEY, William SRISOI, Keira DEKKER
- 4 Positives Toby NEWBERY, Andrew FEALY, Inika CULTON, Anna NEWHAM, Jacinta HOLMES, Daniel GRINTER, Jade HOLMES, Declan JONES, Corey COOK, Bethany GRIGG, Lucas HENDY, Peyton DUGGAN, Jacob CHURCH, Robert WEBB, Morgann HARRIS, Ryder DEZWART, Baelan SAXTON, Jaxson STONEHOUSE, Wyatt HENDY-SMITH, Joshua MOODY, Asha PARRY,

At NSC, we are ready to learn when we bring our pens and books to class.

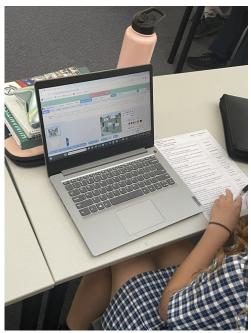
Valedictory Binner

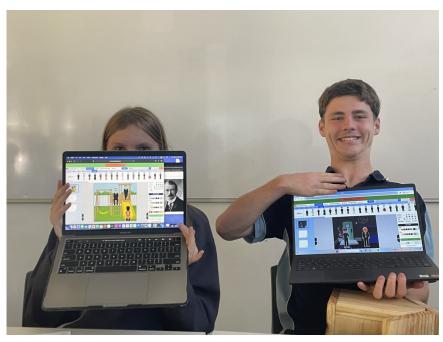
'You're braver than you believe, stronger than you seem and smarter than you think' - Christopher Robin

<u>Year 8/9 War1 - Making Comic Strips!</u>

Mr Bliss' year 8/9 Humanities class have been learning about the aftermath of WWI, in particular focusing on the Treaty of Versailles. After analysing a number of images and cartoons from the time period, the year 8s and 9s had a go at making their own online comic strips which represented how each of the major powers felt about the outcomes of the treaty. Nice work on your creative representations of history!









Meals on Wheels

Morgann and Tahlia kindly volunteered to take part in the Meals On Wheels Program.

They did a wonderful job, thankyou!

Fryers Street Food Festival

For those of you that attended the Fryers Street Food Festival, you may have seen our very own Lucas Spokes performing.





Check this out!!

Daniel has been working hard to complete his chess board and chess pieces—Great job Daniel it looks awesome!!

Reap 2 Read



Lena has reached her 100 book milestone!

Lena has been reading like crazy at home and has taken a liking to Science Fiction books. Keep up the great work Lena and 200 books will be reached before you know it.



Kaiah has reached her 100 book milestone!
Kaiah has been reading like crazy as she received some new books for her birthday.
Lately, Kaiah has been reading David Walliams books and has loved The Midnight Gang book.
Great job Kaiah



Liam has reached his 100 book milestone!
Liam has been reading at home to his parents and putting in a lot of effort with his session reading to reach this milestone.

Liam hopes he is going to be able to eat the whole block of chocolate by himself as he did all the hard yards. Great job Liam



Intro to Outdoor Ed Bike Trip

On Monday the 20th of November our Year 9 Intro to Outdoor Ed class went on an 80 km bike ride with Miss Harman, Mr Nicholls, Zach, and Fraser, over the span of 2 days. On the Monday we took a bus to Wangaratta and arrived around 10am, we talked for a little and after we got all our bikes sorted and put on sunscreen, we set off.

We got around 5km into our bike ride and already had a bike issue. Hunter's axle came off his bike and Miss Harman saw a snake! Luckily, we had a spare school bike for Hunter to use. We continued and had our first stop about 8 km in. After that we stopped about every 5-10 km to get some water to drink from the bus.

Around 12:30pm we stopped for lunch, about halfway, then continued our ride to Myrtleford. We got into Myrtleford at 4pm. We set up our tents, had showers, then we split off to get dinner. At 9:30pm we had lights out. At 6:30am on the Tuesday Mr Nicholls woke us up.

At 8:30 am we started our 30 km bike ride to Bright, the 2nd day the scenery was prettier, and was a lot less hilly than the 1st day. We had less stops on the 2nd day and were finished by 12:00pm. We spent some time in Bright, purchased lunch and went to the lolly shop. We were on our way back to Numurkah at around 12:40pm. We got back to Numurkah at around 3:10pm, unpacked then went home.



'Good things come to those who wait, but better things come to those who go out and get them' - Unknown

Year 7 Poetry

Year 7s have been working on analysing and writing their own poems during their last English unit of Year 7. Here is a sample of some of the completed works, including cinquains, quatrains, limericks and sonnets. Well done Year 7 on ending the year on a Poetry high.

Cinquains

Dating Soul-breaking, tiring Working, cooking, shopping Getting all the bags Suffering

Liam W 7S

Jordan
Gamer, Italian
Walking, laughing, cooking
Loves my older sister
Mafia Boss

Max D 7N

Numurkah Secondary College
Academic, Informative
Educating, Accomplishing, Variety
Repetition, Values, Expectation,
Honesty
High School

Emmy 7S

Quatrain

The green grass reminds me of my past,
When I lay on the ground time goes fast,
The ground is calm like the sky,
When time goes by, I miss my past

Fleas make dogs itch
They live in dog hair
Most of all they love to live on a
bear
My pet flea is called Mitch

Peyton 7N

The children are excited about
Santa
They give out presents with delight
With joy they drink fanta
And they open their presents and
find a kite

Violet 7S

Couplet

He took no slander
Which is why he is commander

Sienna 7N

The Sun is no longer shining
The moon is now blinding

Tillie 7S

When you run left and then jump right with the ball

Your opponent will fly through the wall

Travis 7S

The gleam in her eyes
Scares of the guys

A7S

Bio-Poem

Liam

Tall, sporty, smart

Grandson of Deb

Who loves gaming, eating food and drinking soft drink

Who feel tall when around friends

Who fears heights

Who is good at Fortnite and Basketball

Who would like to play footy locally

Who lives out of town

Young

Liam Y 7N

Sonnet

Muddy Track

Skidding and pulling, the car might drift
When Pooly revs up it makes a lot of soot
When its wet and muddy rocks begin to lift

Watching for bug muddy hoes so always look

Deep soggy stinky wheel ruts

Better traction with wheel size 37

We don't want to get our massive wheels stuck

The 79 landcruiser is driven by Kevin

All the boys with 79 land cruiser are crazy loud

Don't forget esky shovel med kit to take

Whenever the boys look at their cars they are proud

You need that stuff incase you get bit by a snake

Some of the land cruiser are very old Early mornings make land cruiser cold.

Diesel 7N

Limericks

There once was a rat that smelt like poo
I did not know what to do
I ran out of tricks
So I ate a ton of chips
And chucked the fat rat in the loo

Paige 7S

There was a girl called Betty
She wanted to kill her brother Freddy
She put poison in his drink
He overdosed in a blink
Then Betty hid the body of Freddy

Rylee 7S















Textiles

The latest group of year 7 students have completed their hats, hand sewing their lining in.

Middle school students have been working all semester on designing and creating the fabrics that they have used in their quilts. They are up to the hand stitching of their binding. Sooooo close to finished!



















NSC Careers News

NSC VETDSS STUDENTS ATTENDED ORENTATION DAY @ GOTAFE.

GOTAFE VETDSS ORIENTATION DAY

About 10 NSC students who will be part-taking in a VET (Vocational Education and Training) course at Gotafe in 2024 spent some time on Campus meeting people, going on tours, eating breakfast and learning about what the year ahead at Gotafe will be like.

Three future Year 11's, Christopher Boschetti, Lynette Philpot and Nadia Ruggi who will be in the Cookery VET program together next year spent their time on campus trying on chef uniforms, making coffees and getting to know other students they will be with on Wednesdays at Tafe.

To end a morning out in the best possible way, our group of year 11's stopped at KFC before coming back to school. – Nadia Ruggi



Year 12 VCE

On 11th of December at 7am all Year 12 VCE students will receive their results which includes study scores and ATAR. Students will have until the 13th December, 4pm to review the courses they have selected in their VTAC accounts and either leave, add to or remove. This is called - Change of Preference.

Leaving school and not sure what's next

School Leavers Information Kit to help you make your next move. You can also check out the school leavers support page for useful information and resources to assist you in making your next move!

Skill up, change up with Fee-Free TAFE

If you're leaving school, looking for work, or wanting to upskill and change your career, you may be eligible for Fee-Free TAFE.

There are a range of study options available.

Learn more about Fee-Free TAFE

Early childhood education is a rewarding career!

Play a pivotal role in developing young minds and nurturing children's learning and development, by studying early childhood education. Working in early childhood education brings opportunities for continuing professional development, leadership roles, and in-demand careers. There will be 11,000 new early childhood education jobs in Victoria over the next decade. With financial support to study and opportunities for career progression, early childhood education is a fulfilling career choice.

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Career advice, Cathy O'Sullivan, NSC, Careers Advisor Available Tuesdays – Fridays

E: <u>cathy.osullivan@education.vic.gov.au</u> M:0476496352 Numurkah SC careers website Check it out! <u>www.numurkahcareers.com</u> <u>https://www.yourcareer.gov.au</u>

https://www.youthcentral.vic.gov.au/study-and-training/other-study-options

Check Out-Clifford's gear shift lever

Clifford has worked hard over the semester, with the assistance from Mr Binks and Mr Brown to create and complete a gear shift lever he hopes to use in the VS Ute he is doing up at home.

Well Done Clifford!





Café Culture

Bonnie, Keira, and Will had loads of fun investigating the etiquette for table setting and how to fold napkins. They worked collaboratively to create a relaxing atmosphere for a restaurant.









YARNING CIRCLE

WORKING BEE PART 2

THIS TIME WITH EVEN MORE BEES!

WE ARE HOLDING TWO MORE WORKING BEES TO IMPROVE AND MAKE CLASS READY THE NSC YARNING CIRCLE.

THE YARNING CIRCLE IS INTENDED FOR USE BY THE WHOLE SCHOOL AND WILL BE MAINTAINED BY THE FIRST NATIONS FOCUS GROUP.

ANY QUESTIONS CONTACT FREYA - FREYA.SADLER@EDUCATION.VIC.GOV.AU









Learn Albanian | Arabic* | Chinese (Mandarin)*
Malayalam | Persian | Punjabi* | Sinhala | Urdu

FOUNDATION - YEAR 12 (VCE)

Other languages can be offered based on demand



nniease contact the Year wateringer on 03 9474 0562 or country 2@vsl.vic.edu.au

www.vsl.vic.edu.au or scan the QR code.

All information correct at time of printing and is subject to change.

Students can continue with select languages via VSL Distance Educatio



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